

VISIT *Liminka*

WEEKLY PROGRAM LIMINKA SUMMER 2026

All tours are available in the summer season 1st June – 30th September 2026, for minimum 4 persons / departure.
The minimum number of participants can consist of several bookings.

Kindly note: weather conditions can change quickly on the arctic coast of Finland and our tours are always adapted to the prevailing weather conditions to obtain safety and maximize comfort of the guests.

Liminka – A Coastal Flatland for Outdoor Wellbeing

Nestled in the lowlands of the arctic coast of Finland, Liminka offers a serene escape into nature's embrace. Its world-famous wetlands attract birdwatchers from around the globe, while the open countryside and coastal landscapes invite you to slow down and reconnect with the elements. Whether it's a peaceful walk through the traditional farmlands, a mindful moment in a birdwatching tower, or an invigorating cycling route along the waterways, Liminka's pure nature provides the perfect setting for outdoor wellbeing.

Daily services in Liminka: breakfast, lunch and Nature Center

Breakfast MON – SUN 08:00 – 10:00

Buffet-style delicious breakfast catering local food.

Liminka Bay Resort, Rantakurvi 6, 91900 Liminka. <https://www.liminganlahti.fi/>

Bookings & inquiries: Bookings latest on the previous day by 16:00 email to info@liminganlahti.fi or +358400565040.

Lunch MON – SAT 10:00 – 15:00, Sunday brunch 12:00 – 16:00

Buffet-style meal serving fish, coastal dishes and specialties. There is a delicacy shop in the restaurant. The restaurant is open until 18:00 with fish soup and á la carte dishes available the whole day.

Vihiluodon Kala, Rytiniementie 4, 91910 Tupos, Liminka. <https://www.vihiluodonkala.fi/>

Bookings & inquiries: Payments on the spot. Table reservation is recommended for groups (+10persons).

Liminka Bay Nature Center

As one of Europe's finest wetlands, Liminka Bay hosts thousands of migrating birds each spring and autumn. In summer, grazing horses and cattle help preserve the coastal meadows, supporting endangered plant and bird species. Here you find insights into the area's rich birdlife as well as hiking tips for nearby nature.

Liminka Bay Nature Center features a fascinating "Eight Seasons of Bird's Year" exhibition presenting the course of a year from the birds' perspective. The exhibition is family-friendly combining storytelling, education, visual and sound artistry to deliver a memorable visit for all visitors. Experience the birds' annual cycle through their eyes and explore the diverse bird species, their behaviors, and their seasonal journeys. Liminka Bay is an internationally known, valuable bird water and a rest area for migratory birds that offers something new to see in every weather, all year round.

Liminka Bay Resort is perfect destination for anyone seeking to connect with the wonders of wildlife and pure Finnish nature. Discover the beauty and mystery of birds like never before!

Location: Rantakurvi 6, 91900 Liminka

Bookings & inquiries: No reservations needed, free entry. Guided tours on request.

Opening hours: Please check updated information at <https://visitliminka.fi/en/liminka-bay/>

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Monday

Kaisa's Polio Game, Escape Room based on local history 14:00-15:00

In the middle of a stunningly beautiful countryside estate, you can step back in time and learn about local history as you step into a captivating and immersive experience with our historical escape room, based on true events.

It is early 1900's and polio ravages in northern Finland. You become a part of the story of Ms. Kaisa Pietilä who is about to contract polio, and she sends a plea for help to the people of today through a mirror. By coincidence, you find yourselves in the same space where Kaisa is sending her message from, in her time.

Your task is to find the correct vaccine for Kaisa through her otherworldly assistance. If you succeed in your task, Kaisa will live a long and happy life as a teacher in Oulu in the 1910's.

This fun and challenging game will test your teamwork and ingenuity in a cozy rural setting. Do you dare to come and try?

Meeting point: Pitojen Helmi, Ketunmaantie 1, 91930 Ala-Temmes, Liminka

Duration: 1 hr

Level: Easy, children min 6 yrs

Price: 80 € / group of 2 persons

100 € / group of 3-4 persons

120 € / group of 5-6 persons

140 € / group of 7-8 persons

160 € / group of 9-10 persons

Bookings & inquiries: Email: elina.pietila@pitojenhelmi.fi, +35844 0384650, Elina Pietilä

<https://pitojenhelmi.fi/>

Tuesday

Guided e-Fatbike Safari 18:00-20:00

Experience the peaceful nature of Liminka on an easygoing electric fatbike safari starting from the Liminka Bay Nature Center. This guided two-hour safari takes you through beautiful forest and wetland landscapes, where wide-tired e-fatbikes make the ride smooth, stable and accessible for all skill levels.

Along the route, we take relaxed breaks to enjoy the surrounding nature and scenery. No previous mountain biking experience is required – your guide ensures a safe, enjoyable and unhurried experience for everyone.

Meeting point: Liminka Bay Nature Center, Rantakurvi 6, 91900 Liminka

Duration: 2 hrs

Level: Suitable for beginners and experienced cyclists alike

Requirements: Minimum height 145 cm (due to bike size and safety reasons)

Price: 79 € / person

Includes: Electric fatbike, helmet and guide

Optional adds: Campfire snacks, coffee/tea, traditional Finnish pancake (lätty) and a refreshing soft drink

14,50 € / person

Minimum participant count: min. 5 persons max. 10 persons (or equivalent payment)

Availability: 1 June – 30 June 2026 and 14 July – 30 September 2026

Bookings & inquiries: Email: lunki@lunkipalvelut.fi, +358 40 860 4737, Toni Kurtti

<https://www.lunkipalvelut.fi/>

VISIT Liminka

Wednesday

Step Into 540 Years of History – A Walk Through Old Liminka 11:00-12:30

Old Liminka is a charming historic village with stories woven into its farmyards, vicarage, and museums. Once the heart of a vast parish, it remains a place where history comes to life through its well-preserved buildings and rich local heritage.

Join a guided walk through the almost 550-year-old town of Liminka and discover its fascinating past! Did you know that Oulu was once part of the Liminka parish? Or that sheep once helped establish a primary school? And who was the mysterious Emperor of the Parish?

While strolling past original farmyards, the old vicarage, the stone school, and the Aappola Museum, you'll hear captivating stories of historical figures, artists, and peasant families. Experience life in northern Finland as it once was through tales of the parish and its people.

Meeting point: Old Liminka, Vilho Lampi museum, Rantatie 14, 91900 Liminka
Duration: 1,5 hrs
Level: Easy, normal fitness is required, children min 10 yrs
Price: 45 € / person, 225 € / group of 5 – 20 persons
Availability: 10.6., 17.6., 15.7.-5.8., 19.8., 26.8., 9.9., 30.9.
Bookings & inquiries: Email: christiane@windland.fi, +358 46 5819257, Christiane Klebl
<https://www.windland.fi/>

Thursday

Guided e-Fatbike Safari 12:00-14:00

Experience the peaceful nature of Liminka on an easygoing electric fatbike safari starting from the Liminka Bay Nature Center. This guided two-hour safari takes you through beautiful forest and wetland landscapes, where wide-tired e-fatbikes make the ride smooth, stable and accessible for all skill levels.

Along the route, we take relaxed breaks to enjoy the surrounding nature and scenery. No previous mountain biking experience is required – your guide ensures a safe, enjoyable and unhurried experience for everyone.

Meeting point: Liminka Bay Nature Center, Rantakurvi 6, 91900 Liminka
Duration: 2 hrs
Level: Suitable for beginners and experienced cyclists alike
Requirements: Minimum height 145 cm (due to bike size and safety reasons)
Price: 79 € / person
Includes: Electric fatbike, helmet and guide
Optional adds: Campfire snacks, coffee/tea, traditional Finnish pancake (lätty) and a refreshing soft drink 14,50 € / person
Minimum participant count: min. 5 persons max. 10 persons (or equivalent payment)
Availability: 1 June – 30 June 2026 and 14 July – 30 September 2026
Bookings & inquiries: Email: lunki@lunkipalvelut.fi, +358 40 860 4737, Toni Kurtti
<https://www.lunkipalvelut.fi/>

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Saturday

Feel Good Morning Flow Yoga – Saturday Morning Yoga

10:00-11:00

IsaJOOGA Studio was created as a sanctuary for balance, self-acceptance, and peace. Rooted in yoga philosophy, it welcomes everyone just as they are — without pressure or expectations. Here, movement, breath, and presence guide you toward a deeper connection with yourself and the world around you.

Start your weekend with a gentle and uplifting yoga session designed to support your wellbeing while on holiday. This 60-minute class combines mindful movement, breathwork, and light stretching to awaken your body and calm your mind. Set in a peaceful environment, it's the perfect way to feel refreshed, centered, and ready for the day — whether you're exploring or simply relaxing. Suitable for all levels.

Meeting point: IsaJOOGA Studio, Kedonperäntie 30, 91900 Liminka
Duration: 1 hr
Level: Easy, normal fitness is required
Price: 14 € / person
Bookings & inquiries: Email: isa@isajooga.com, +358 44 4914653, Isa Kemola
<https://www.isajooga.com/>

Guided tour to the Virkkula birdwatching tower

10:00-11:30

Liminka Bay is one of the most significant wetlands in Europe. The area belongs to the international network of Ramsar wetland areas. The land uplift caused by the Ice Age has shaped the shore habitats of Liminka Bay, and they are home to a wide variety of species. Liminka Bay is an internationally significant resting and nesting site for migratory birds. More than 160 bird species nest in the Liminka Bay area and a total of 289 bird species have been sighted at the area.

This tour will give you an excellent possibility to dive into the very fascinating world of birds without having to be any kind of expert on the matter. You get to view the birds with a professional guide from the bird watching tower and hear about the year circle of birds and Finnish nature.

After the tour have the possibility for the free visit at the Eight season of birds -indoor exhibition. Café and the souvenir shop are open.

Meeting point: Liminka Bay Nature Center, Rantakurvi 6, 91900 Liminka
Duration: 1,5 hrs
Level: Easy
Price: 15 € / person, with adults children under 12 years free of charge
Availability: 6th June, 13th June, 5th September, 12th September
Bookings & inquiries: Email: info@liminganlahti.fi , +358 400 565040
<https://www.liminganlahti.fi/>

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Saturday

Summer Evening in the Forests

18:00-21:00

Experience the magic of the bright northern nights on a guided evening hike through the serene pine forests of Liminka!

Together with your local guide, you'll embark on a relaxed 2-hour walk (approx. 5 km) and discover the beautiful world of Finnish nature and traditional Finnish hiking customs. Along the way, you'll also hear captivating stories and legends from the region's past. After the hike, you're invited to cool off with a refreshing dip in the nearby lake — a Finnish summertime must-do!

To round off the experience, we gather around an open fire to enjoy a classic Finnish grilled sausage and berry juice — because no hike in Finland is complete without them.

Perfect for nature lovers and anyone who wants to feel the true atmosphere of a Nordic summer night.

Meeting point: Car park Monttutie 4, 91900 Liminka
Duration: 3 hrs
Level: Easy, normal fitness is required, not barrier free
Price: 100 € / person, 565 € / group of 5 – 10 persons
Includes: Local guide, barbecue sausage, berry juice, towels (if necessary).
Requirements: Outdoor clothing and shoes according to the weather, swimming suit, drinking bottle
Availability: 13.6., 4.7.–8.8., 22.8.
Bookings & inquiries: Email: christiane@windland.fi, +358 46 5819257, Christiane Klebl
<https://www.windland.fi/>

Sunday

Experience the Excitement of the Escape Game "Mrs. Bentzen of the Pearl of the Feasts"! 14:00-15:00

In the middle of a stunningly beautiful countryside estate, you can step back in time and learn about local history as you step into a captivating and immersive experience with our historical escape room, based on true events.

Embark on an adventure and solve puzzles in this captivating escape game. You will be transported to the charming world of the late 1800s, where the secrets of Mrs. Bentzen await discovery. Use your intelligence and teamwork to escape in time. This escape game offers a fun and challenging experience for friends, families, or colleagues.

Reserve your spot and step into the world of mysteries – Mrs. Bentzen of the Pearl of the Feasts is waiting for you!

Meeting point: Pitojen Helmi, Ketunmaantie 1, 91930 Ala-Temmes, Liminka
Duration: 1 hr
Level: Easy, perfect for all ages and escape room enthusiasts
Price: 80 € / group of 2 persons
100 € / group of 3-4 persons
120 € / group of 5-6 persons
140 € / group of 7-8 persons
160 € / group of 9-10 persons
Bookings & inquiries: Email: elina.pietila@pitojenhelmi.fi, +358 44 0384650, Elina Pietilä
<https://pitojenhelmi.fi/>



General terms and conditions

Tours include safety equipment when needed. Service providers liability insurance applies, covering injuries caused by the provided gear.

All tours are guided and all prices incl. VAT.

We recommend a personal travel insurance covering personal belongings and injuries not covered by the company insurance.

Service provider is the responsible operator of each tour and tours operated by service provider and its partners.

Bookings and payments

Bookings are to be made by e-mail to service providers. A booking shall include the following information: date and time of booked activity, first and last names of all participants, ages of children, travel dates, accommodation in Liminka and a phone number where you can be reached during your stay in Finland.

All activities are due to advance payment, minimum 14 days prior to event.

Changes in the program

Service providers reserve the right to make alterations to the programs to ensure safety and comfort of the participants.

Cancellations

Cancellations 30-21 days before the event: 25% cancellation fee

Cancellations 21-15 days before the event: 50% cancellation fee

Cancellations 14 days or less before the event: 100% cancellation fee

Contact

Visit Liminka, travel@liminka.fi, Tel: +358 40 546 2338

Get inspired with us and have a look at <https://visitliminka.fi/en/> to get more information! Welcome to Liminka!